photo by Robert E. McClenny, Jr.

Floodwaters Wreck Corn Field

Marvin and Carl Glover stand amid their field of "dumbfed" corn. Floodwaters from Hurricane Agnes swept away the topsoil and their early corn. They reworked the field with their farm machinery and replanted the corn. The land was so severely depleted of fertile topsoil that it wouldn't grow corn. It really didn't matter about the quality of the corn the October flood wiped it out again. Glovers' losses due to flooding may be greater than a normal year's income. Land is being restored through the REAP Emergency Cost-Sharing program.

The Upper Appomattox River Watershed project would reduce flooding and make it profitable to farm bottomland. Relief from flooding can't come to soon for these farmers.

Stonewall Extension Homemakers Club Met Feb. 8th

The Stonewall Extension Homemaker's Club met on February 8, 1973, at the home of Mrs. Helen Routon, with seven members present.

The President, Inez Foster, called the meeting to order, and Helen Routon led the devotion, reading from Psalm 34:1-3, followed by the reading of a poem.

While the "Pennies for Friendship" were being collected the Secretary called the roll, after which the minutes of the last meeting were read and approved. The Treasurer then gave her report.

Our president then reminded us of a leaders meeting on February 13, 1973, at the Rescue Squad Building, the subject being "Fancy Sandwiches".

She also told us of the Spring District meeting on March 13, 1973 at Sweet Briar College. This meeting includes a luncheon.

The Year Books were distributed, and the members filled in the hostess and program leaders for each month.

Mrs. Foster brought to our attention that Hebron Church would be having a group of missionaries in April and asked if we would be interested in having one of them to speak to our club that month; if so, it would necessitate changing our meeting date to the third Thursday evening.

A motion was made by Eleanor Stratton and seconded by Helen Routon, that we try to have one of the missionaries speak to us at that time.

Our meeting was then adjourned with the Homemaker's Creed and Prayer.

The Demonstration on "Let's Decorate the Bathroom" was given by Eleanor Stratton.

Afterwards our hostess served us delicious refreshments.

Eleanor Stratton, Secretary

Modernistic Club News Bulletin

Regular Sunday School classes were held at Galilee Baptist Sunday, Feb. 11, at 10:30 service hour. A nice audience turned out. Supt. John A. Watson was at his post as usual and on time.

Regular preaching service was held at First Baptist on February 11. A very nice crowd turned out for the morning worship. The offering for the morning service was very good. An inspiring message was rendered by the minister. All who heard the message were lifted up, and went home feeling good.

News has been received that Mrs. Bettie Flood has been a patient in the hospital in Maryland. We truly hope that by now, Mrs. Flood is on the road to recovery, and that she is back home safely. Our prayers go out to Mrs. Flood and her family.

Our prayers go out for all the sick and for those who are bereaved in the community. May God be with each family.

In and Out of Town over the week end:

Mrs. Juanita Fisher Strawn, of Hampton, stopped briefly in the home of the Stevens Friday morning, enroute to Longwood College, in Farmville, Va. She had spent the night with her father and mother, Mr. and Mrs. John Fisher, in Lynchburg. Dr. Fisher is presently a Home Ec. Instructor in Hampton, Va. at Hampton Institute.

Miss Rachel Pankey left for Mount Vernon, N.Y., on February 12. After spending a vacation here with her mother, Mrs. Bertha Pankey.

Shall look for all of the members of the Modernistic Club Friday at 6 p.m. at the home of Mrs. Celestrial Turner in Spout Spring, Va. Come one, come all.

See you next week!!

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STARKIST Light Chunk Tuna - 6½ OZ. CAN 43¢
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Sealtest Light n' Lively ICE MILK YOUR FAVORITE FLAVORS 79¢ 1/2 GAL. THE QUALITY ICE MILK!
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WILBUN'S SUPER MARKET
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"The South 40"
By JAMES A. SMITH
EXTENSION AGENT

buyers, farmers are and are required to with the Williams-Stei Occupational Safety and Act of 1970.

ning January 1, 1973 with less than eight es are not required to records. However, must post in a prominent a poster that states the and coverage of the

concerned that few are in compliance. of the poster are available this office.

* * *

ange 27 at the Warsaw ge number of grain varieties were seeded this, seeded was a late est. The best grain with variety yielded 95 and the best corn 97 bushels.

* * *

average businessman has very knowledgeable purchasing meat. For a recent study showed single primal cut of beef steak can go by as 41 different names at meat counter.

* * *

ured tobacco produ- was significantly lower predicted. 4.6 million ds were sold through ruary 1. This was 1.3 mil- pounds under the 1971 Prices was up 9.60 per

2230 pounds went into ment storage down 38,000 a year earlier.

* * *

men should be aware vere cases of fat on are the result of rumen fermentation pens because of differ- ing programs, (1) high tions or where the her level in the total fiber is less than 16%, lent pasture or green- ith high digestability and the crude fiber level may or may not exceed the 16% guideline, and (3) rations where the physical composition is changed. The later situation can occur with pelleted feeds, ground-hay, re-cut silages or silages where the physical structure has been destroyed due to storage for long periods, heatin, etc. The 16% crude fiber thumb-rule does not hold in cases where the physical structures has been destroyed. A combination of these creates a **more** severe fat depression.

Bob Madden, Superintendent, Appomattox National Historic Park tells me that they are looking for a mule to be used as a part of the living exhibit this summer, June 1 through September 1.

One requirement the mule must have a gentle disposition.

* * *

PRECIPITATION:

Last Week	.58
This Month	2.17
This Year	5.29

Bennett Honored By Goodyear

The Goodyear Tire and Rubber Company recognized James D. Bennett of Red House for outstanding accomplishment in soil and water conservation. Bennett owns and operates 925 acre Knoll Crest Farm, Red House. He was cited for having an outstanding conservation program on his farm and the land he rents, and for his leadership in conservation. Most agricultural tours in the area include the well-managed Bennett farm.

James is married to the former Barbara Scott. They have five children: Beth, 13; Paul Scott, 12; Jim, 10; Brian, 7; and Jonathan, 4 months.

Ralph Tucker, Chairman of the Robert E. Lee Soil and Water Conservation District, made the presentation on behalf of the Goodyear Company.

Left to right – James Bennett, Ralph Tucker, Chairman, Robert E. Lee Soil and Water Conservation District, Robert E. McClenny, Jr., District Conservationist, Soil Conservation Service, Appomattox and Campbell Counties.

Homemaker Hints

By Rebecca M. Johnson, Extension Agent

Reading through a copy of The Williamsburg Cookbook, I ran across the recipe for their famous Sally Lunn Bread. The recipe follows:

1 cup milk
½ cup shortening
4 cups sifted all purpose flour
½ cup sugar
2 teaspoons salt
2 packages active dry yeast
3 eggs

Preheat oven to 350° F. 10 minutes before Sally Lunn is ready to be baked.

Grease a 10-inch tube cake pan or bundt pan.

Heat the milk, shortening, and ¼ cup water until very warm - about 120° F. Shortening does not need to melt.

Blend 1½ cups of the flour, the sugar, salt, and dry yeast in a large mixing bowl.

Blend warm liquids into flour mixture. Beat with an electric mixer at medium speed about two minutes, scraping the sides of the bowl occasionally.

Gradually add ⅔ cup of the remaining flour and the eggs and beat at high speed for 2 minutes.

Add the remaining flour and the eggs and beat at high speed for 2 minutes.

Cover and let rise in a warm, draft-free place (about 85°F) until double in bulk, about 1½ hours.

Beat dough down with a spatula or at lowest speed on an electric mixer and turn into prepared pan.

Cover and let rise in a warm place until increased in bulk ⅓ to ½, about 30 minutes.

Bake 40 to 50 minutes at 350° F.

Run knife around the center and outer edges of the bread and turn onto a plate to cool.

This bread would be the perfect accompaniment to any meal, or alone as a delicious snack. Try it with Hot Spiced Punch, also from The Williamsburg Cookbook. Simmer 1 quart apple cider, 3 cinnamon sticks, and 4 tablespoons lemon juice together for 15 minutes. Tie into a small cheesecloth bag 1 teaspoon nutmeg, and 1 teaspoon whole cloves, and put into simmering cider long enough to give it the desired taste. This recipe serves 8.

Cookbook Available

Washington - Representative Dan Daniel, of the Fifth District, announced recently the availability of a limited supply of the "Family Fare" Cookbook published by the Department of Agriculture.

The Congressman said he will send a copy of the book to any resident of the Fifth District who makes a request.

Inquiries should be made to Congressman Dan Daniel, 1705 Longworth House Office Building, Washington, D. C. 20515.

The publication is one of the most popular items put out by the Government Printing Office and is revised from time to time.

DIAL GOOD NEWS 352-7900

Ag-Ed Teachers Conference Planned

About sixty teachers of agricultural education in Southside Virginia are expected to attend a conference in the Prince Edward County High School February 15. C.V. Turner, Halifax, president of the fourteen-county group, will preside over the sessions which will begin at 5:00 p.m.

J.W. Myers, Jr., Assistant Supervisor of Agricultural Education, will be the principal speaker during the afternoon session. His topic will be "Agricultural Career Opportunities".

During the dinner session, D.W. Torrence, president-elect of the Virginia Vocational Agricultural Teachers Association, will speak on "Your Professional Organizations at Work".

Others scheduled for presentations are J.R. Cardwell, Halifax County Senior High School; R.B. Carter, Appomattox County High School; A.A. LeGrand, Bluestone Senior High School; and C. P. Penn, principal of the host school.

Special guests of the teachers will be VPI&SU agricultural education seniors now doing student teaching in the Southside Area. They are George Anderson, Halifax; Jim Robertson, Gretna; Preston Coates, Naruna; and Jerome Hester, Clarksville.

J. A. Baker, instructor of agricultural education in the Prince Edward County High School, is in charge of local arrangements for the conference.

Goodman Recognized At Awards Banquet

Thirty-three top insurance advisors were honored by the Virginia Farm Bureau Insurance Companies Thursday, Feb. 8, at the Presidents Advisors Conference held in Roanoke.

Herbert H. Goodman of Appomattox County was recognized for reaching his assigned quota at the annual awards banquet.

John C. Parr of Nelson County received the top award and was named Advisor of the Year for Virginia. He earned this title for his all-round sales ability in 1972.

Rookie of the Year was Linden A. Pingley of Frederick and Sophomore of the Year was W. Michael Miller of Montgomery and Craig counties.

Approximately 250 farm leaders attended the conference to honor county Farm Bureau presidents and insurance advisors. The farm organization serves more than 28,000 farm family members in Virginia.

Herbert H. Goodman, shown on the left, of Appomattox County, was recognized at the annual awards banquet for reaching his assigned quota. Pictured with Goodman, on the right, is John C. Parr of Nelson County, who received top award.

Earl T. Pickett is President of the Appomattox County Farm Bureau.

PAMPLIN ELEMENTARY SCHOOL MENU

Mon., Feb. 19 - Toasted cheese sandwich, Green beans, Buttered rice, Sliced peaches, Milk.

Tues., Feb. 20 - Pork Barbecue on bun, Green lima beans, Buttered potatoes, milk.

Wed., Feb. 21 - Ham and cheese sandwich, Tomato soup w/crackers, Fruit cup, Milk

Thurs., Feb. 22 - Turkey w/gravy, Whipped potatoes, Corn on cob, Cherry upside down cake, Rolls and butter, milk.

Fri., Feb. 23 - Sausage pattie, Fried apples, Blackeye peas, Biscuit and butter, Milk.

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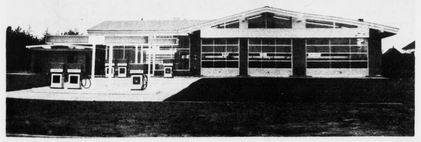

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